

Product 5000 / 60 Softgel Capsules

Amount per capsule		% RI
Vitamin D (cholecalciferol)	20 µg	400%
Vitamin E (D-alpha-tocopherol)	1,8 mg α-TE	15%
Total Omega-3 fatty acids	600 mg	*
thereof EPA (eicosapentaenoic acid)	90 mg	*
thereof DHA (docosahexaenoic acid)	430 mg	*

RI – Reference intake *no RI established

INGREDIENTS: fish oil concentrate, gelatin (fish), glycerin (vegetable), oregano oil, clary sage oil, thyme oil, clove oil, cinnamon oil, mixed tocopherols (from [soya](#); including D-alpha, D-beta, D-gamma, and D-delta tocopherols), vitamin D (cholecalciferol).

INTAKE: One Softgel Capsule per day with a meal.

Food supplements should not be used as a substitute for a varied diet. Do not exceed recommended daily amount. Store and keep out of reach of children. Omega-3 fatty acids may have significant developmental benefits, however supplementation with OmeGold® during pregnancy should not be considered prior to the second trimester. As with all supplements, please consult your physician prior to taking if you are pregnant or attempting to become pregnant, breast-feeding, under a doctor's care or taking prescription medication.

Contains Omega-3 fish oil concentrate providing a rich, high-quality source of the Omega-3 polyunsaturates EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid). Docosahexaenoic acid (DHA) maternal intake contributes to the normal brain development of the foetus and breast-fed infants.)

Contains the following ingredients from animal sources: fish oil, gelatin (fish).

Not tested on animals

Store in a cool, dry place.