

# Be SUSTAINED – Mixed Berry Flavour

Product 4680 / 398 g

Serving size / 1 Sachet (22,1 g)

Servings per container / 18

Amount per serving		% RI
Vitamin C	90 mg	113 %
Vitamin B-6	12 mg	857 %
Vitamin B-12	36 µg	1440 %
Amino Acids	7600 mg	*
CarnoSyn® Beta-Alanine	1600 mg	*
L-Glutamine	1000 mg	*
L-Isoleucine	1250 mg	*
L-Leucine	2500 mg	*
L-Valine	1250 mg	*
Creatine Monohydrate	500 mg	*

RI-Reference intake \*no RI established

**INGREDIENTS:** Trehalose\*, Blue Agave (*Agave tequilana* F.A.C. Weber) Powder, L-Leucine, CarnoSyn® Beta-Alanine, L-Valine, L-Isoleucine, Natural Berry Flavours, L-Glutamine, Creatine Monohydrate, Sweetener Steviol Glycosides, Acidity Regulator Monosodium Phosphate, Potassium Chloride, Acidity Regulator L-Malic Acid, Magnesium Citrate, Acidity Regulator Potassium Citrate, Sea Salt, Colour Beet Root Extract, Emulsifier Lecithin (Sunflower), Calcium Ascorbate, Vitamin B-6 (Pyridoxal-5'-Phosphate), Vitamin B-12 (Cyanocobalamin).

\*Trehalose is a source of glucose.

**INTAKE:** Mix content of sachet (22,1 g) once per day with 8 oz (240 ml) of water or your favourite beverage. Shake well.

**Do not exceed recommended daily amount. Food supplements should not be used as a substitute for a varied diet. As with all supplements, please consult your physician prior to taking if you are under a doctor's care or taking prescription medication. Store and keep out of reach of young children.**

This product was not tested on animals.

**Store in a cool, dry place**

EU.PI.MOD 3

Suitable for Vegans  
Gluten Free