

Triple Protein Shake - Vanille Unsweet

Product 4137 / 810 g

Serving Size / 1 Level Scoop (27,0 g)

Servings Per Container / 30

Typical Values	Per Portion	% RI	Per 100 g	% RI
Energy	387 kJ or 91 kcal	5 %	1411 kJ or 336 kcal	17 %
Fat	0,8 g	1 %	3,0 g	4 %
of which saturates	0,14 g	1 %	0,52 g	2,6 %
Carbohydrate	1 g	0,4 %	3,7 g	1,4 %
of which sugars	0,3 g	0,3 %	1,1 g	1,2 %
Fibre	0,2 g	*	0,7 g	*
Protein	20 g	40 %	73,8 g	148 %
Salt	0,35 g	6 %	1,3 g	22 %
Vitamin A	504 µg RE	63 %	1859 µg RE	232 %
Vitamin D	3,4 µg	68 %	12,5 µg	250 %
Vitamin E	8,6 mg α-TE	72 %	31,7 mg α-TE	264 %
Vitamin C	26 mg	33 %	96 mg	120 %
Vitamin K	28 µg	37 %	103 µg	137 %
Thiamin Mononitrate	0,53 mg	48 %	2 mg	182 %
Riboflavin	0,6 mg	43 %	2,2 mg	157 %
Niacin	7 mg NE	44 %	26 mg NE	163 %
Vitamin B6	0,7 mg	50 %	2,6 mg	186 %
Calcium L-Methylfolate	175 µg	88 %	646 µg	323 %
Vitamin B12	2,5 µg	100 %	9,2 µg	368 %
D-Biotin	132 µg	264 %	487 µg	974 %
Pantothenic Acid	3,5 mg	58 %	12,9 mg	215 %
Potassium	569 mg	28 %	2100 mg	105 %
Calcium	619 mg	77 %	2284 mg	286 %
Phosphorus	363 mg	52 %	1339 mg	191 %
Magnesium	211 mg	56 %	779 mg	208 %
Zinc	5,7 mg	57 %	21 mg	210 %
Copper	680 µg	68 %	2510 µg	251 %
Manganese	0,7 mg	35 %	2,6 mg	130 %
Selenium	24 µg	44 %	89 µg	162 %
Molybdenum	26 µg	52 %	96 µg	192 %

RI - Reference Intake *no RI established Reference Intake of an average adult (8400 kJ/2000 kcal)

INGREDIENTS: Soya Protein Isolate (36,8%), Whey Protein Isolate (21,1%), Milk Protein Isolate (21,1%), Calcium Phosphate (From Milk), Acidity Regulator Potassium Citrate, Natural Vanilla Flavour, Magnesium Bis-Glycinate, Thickening Agent Xanthan Gum, Acidity Regulator Magnesium Oxide, Thickening Agent Carrageenan, Acidity Regulator Citric Acid, Bulking Agent Maltodextrin, Anti-Caking Agent Silica, Vitamin C (L-Ascorbic Acid), Niacin (Nicotinamide), Zinc Sulphate, Vitamin A (Beta-Carotene), Vitamin E (D-Alpha-Tocopheryl Acid Succinate (from Soya)), Pantothenic Acid (Calcium-D-Pantothenate), Manganese Sulphate, Vitamin B6 (Pyridoxine HCl), Riboflavin (Vitamin B2), Cupric Sulphate, Thiamin Mononitrate (Vitamin B1), Vitamin D3 (Cholecalciferol), Calcium L-Methylfolate, D-Biotin, Vitamin K1 (Phytomenadione), Sodium Molybdate, Sodium Selenite, Vitamin B12 (Cyanocobalamin).

INTAKE: For use as part of a high protein, low carbohydrate programme, mix 1 level 60 cc scoop (27,0 g) in 240-360 ml of water or skim milk once or twice a day.

Prior to beginning any exercise and/or diet programme, or taking any protein shake, you should consult your physician if you are pregnant or attempting to become pregnant, breast-feeding, under a doctor's care or taking prescription medication. 363 mg Phosphorus or 211 mg of Magnesium may cause mild stomach upsets in sensitive individuals.

Not tested on animals.

Store in a cool, dry place.

EU-DE MOD 1

Vegetarian
Gluten Free