

Triple Protein Shake – Chocolate

Product 4135 / 867 g

Serving Size / 1 Level 60 cc Scoop (28,9 g)

Servings Per Container / 30

Typical Values	Per Portion	% RI	Per 100 g	% RI
Energy	395 kJ or 93 kcal	5 %	1352 kJ or 322 kcal	16 %
Fat	0,6 g	1 %	2,1 g	3 %
of which saturates	0,14 g	1 %	0,48 g	2,4 %
Carbohydrate	2 g	0,8 %	6,9 g	2,7 %
of which sugars	0,3 g	0,3 %	1 g	1,1 %
Fibre	0,7 g	*	2,4 g	*
Protein	20 g	40 %	69 g	138 %
Salt	0 g	0 %	0 g	0 %
Vitamin A	504 µg RE	63 %	1744 µg RE	218 %
Vitamin D	3,4 µg	68 %	11,8 µg	236 %
Vitamin E	8,6 mg α-TE	72 %	29,8 mg α-TE	248 %
Vitamin C	26 mg	33 %	90 mg	113 %
Vitamin K	28 µg	37 %	96,9 µg	129 %
Thiamin Mononitrate	0,53 mg	48 %	1,83 mg	166 %
Riboflavin	0,6 mg	43 %	2,08 mg	149 %
Niacin	7 mg NE	44 %	24 mg NE	150 %
Vitamin B6	0,7 mg	50 %	2,42 mg	173 %
Calcium L-Methylfolate	175 µg	88 %	606 µg	303 %
Vitamin B12	2,5 µg	100 %	8,65 µg	346 %
D-Biotin	132 µg	264 %	457 µg	914 %
Pantothenic Acid	3,5 mg	58 %	12,1 mg	202 %
Potassium	616 mg	31 %	2131 mg	107 %
Calcium	626 mg	78 %	2166 mg	271 %
Phosphorus	370 mg	53 %	1280 mg	183 %
Magnesium	219 mg	58 %	758 mg	202 %
Zinc	5,8 mg	58 %	20 mg	200 %
Copper	0,73 mg	73 %	2,53 mg	253 %
Manganese	0,7 mg	35 %	2,4 mg	120 %
Selenium	24,3 µg	44 %	84 µg	153 %
Molybdenum	26 µg	52 %	90 µg	180 %

RI – Reference Intake * no RI established
Reference Intake of an average adult (8400 kJ/2000 kcal)

INGREDIENTS: Soya Protein Isolate (32;6%); Whey Protein Isolate (21;8%); Milk Protein Isolate (20;8%); Calcium Phosphate (from Milk); Cocoa (Processed with Alkali); Acidity Regulator Potassium Citrate; Natural and Artificial Chocolate and Vanilla Flavours; Magnesium Bis-Glycinate; Thickener Xanthan Gum; Acidity Regulator Magnesium Oxide; Acidity Regulator Citric Acid; Thickener Carrageenan; Sweetener Sucralose; Bulking Agent Maltodextrin; Anti-Caking Agent Silica; Vitamin C (L-Ascorbic Acid); Niacin (Nicotinamide); Zinc Sulphate; Vitamin A (Beta-Carotene); Vitamin E (D-Alpha Tocopheryl Acid Succinate (Soya)); Pantothenic Acid (Calcium-D-Pantothenate); Manganese Sulphate; Vitamin B6 (Pyridoxine HCl); Riboflavin (Vitamin B2); Cupric Sulphate; Thiamin Mononitrate (Vitamin B1); Vitamin D3 (Cholecalciferol); Calcium L-Methylfolate; D-Biotin; Vitamin K1 (Phytomenadione); Sodium Molybdate; Sodium Selenite; Vitamin B12 (Cyanocobalamin).

INTAKE: Mix 1 level 60 cc scoop (28,9 g) in 240–360 ml of water or skim milk once or twice a day.

Prior to beginning any exercise and/or diet programme, or taking any protein shake, you should consult your physician if you are pregnant or attempting to become pregnant, breast-feeding, under a doctor's care or taking prescription medication. 370 mg Phosphorus or 219 mg of Magnesium may cause mild stomach upsets in sensitive individuals. Contains Sucralose, a non-nutritive artificial sweetening agent.

Not tested on animals.

Store in a cool, dry place.

EU-DE MOD 1

Vegetarian
Gluten Free