

Product 4031 / 240 Tablets

Amount	Per 5 Tablets	% RI	Per 10 Tablets	% RI
Vitamin B-6	6 mg	429%	12 mg	857%
Magnesium	150 mg	40%	300 mg	80%
Siberian Ginseng Root Extract	400 mg	*	800 mg	*
Hops Strobile (Flower) Extract	100 mg	*	200 mg	*
Indian Frankincense Gum (Boswellia) Exudates Powder	400 mg	*	800 mg	*
Kudzu Root Extract	500 mg	*	1000 mg	*
Licorice Root Extract	200 mg	*	400 mg	*
Shatavari Root Extract	200 mg	*	400 mg	*
Turmeric Roots and Rhizomes Powder	400 mg	*	800 mg	*

RI – Reference Intake *no RI established

INGREDIENTS: Magnesium Citrate, Magnesium Malate Trihydrate, Kudzu (*Pueraria lobata* (Willd.) Ohwi) Root Extract (40% Kudzu Isoflavones), Siberian Ginseng (*Eleutherococcus senticosus* (Rupr. et Maxim.) Maxim.) Root Extract, Turmeric (*Curcuma longa* L.) Roots and Rhizomes Powder, Indian Frankincense (*Boswellia serrata* Roxb.) Gum Exudates Powder, Licorice (*Glycyrrhiza glabra* L.) (Deglycyrrhizinated) Root Extract, Shatavari (*Asparagus racemosus* Willd.) Root Extract, Bulking Agent Microcrystalline Cellulose, Bulking Agent Crosslinked Sodium Carboxymethyl Cellulose, Hops (*Humulus lupulus* L.) Strobile (Flower) Extract, Anti-Caking Agent Stearic Acid, Anti-Caking Agent Magnesium Salts of Fatty Acids, Vitamin B-6 (Pyridoxal 5'-Phosphate), Anti-Caking Agent Silica, PhytoZyme® proprietary blend (concentrated powders from Bromelain, Papain, Alfalfa, Parsley, and vegetable and fruit concentrates from Carrots, Broccoli, Pea, Banana, Cantaloupe, Lima Beans, Mango, Pumpkin, Spinach, Tomato, Cauliflower, Orange, Papaya, Sweet Potato, Asparagus, Beet, Green Bean, Snow Pea, Blueberry, Chili Pepper, Cranberry, Cucumber, Guava, Grapefruit, Kale, Lemon, Maitake Mushroom, Peach, Pineapple, Watercress, and Zucchini).

INTAKE: Initially, take five tablets two times a day. For maintenance, many women may take three or four tablets two times a day.

WARNING: Contains Licorice Root Extract (Deglycyrrhizinated). Do not use if you are pregnant or attempting to become pregnant, or breast-feeding, or if you are under a doctor's care or taking prescription medication. Food supplements should not be used as a substitute for a varied diet. Do not exceed recommended daily amount. Store and keep out of reach of young children.

This product was not tested on animals.

Store in a cool, dry place.