

# Brain Formula

## Product 3438 / 180 Tablets

Amount Per 4 Tablets		% RI
Vitamin E	40 mg $\alpha$ -TE	333%
Vitamin B1	33,3 mg	3027%
Vitamin B2	33,3 mg	2379%
Niacin	33,3 mg NE	208%
Vitamin B6	8 mg	571%
Calcium L-Methylfolate	133 $\mu$ g	66%
Vitamin B12	141 $\mu$ g	5640%
Pantothenic Acid	33 mg	550%
Vitamin K	66 $\mu$ g	88%
Selenium	40 $\mu$ g	73%
Chromium	33 $\mu$ g	83%
L-Carnitine	133 mg	*
N-Acetyl L-Carnitine	73 mg	*
N-Acetyl L-Cysteine	200 mg	*
Dimethylaminoethanol Bitartrate (DMAEB)	80 mg	*

RI – Reference Intake \*no RI established.

**INGREDIENTS:** Bulking Agent Microcrystalline Cellulose, Bulking Agent Dicalcium Phosphate, L-Carnitine L-Tartrate, Taurine, N-Acetyl L-Cysteine, L-Phenylalanine, L-Glutamine, Gotu Kola Aerial Parts Extract, N-Acetyl L-Carnitine, Dimethylaminoethanol Bitartrate (DMAEB), Vitamin E (D-Alpha-Tocopheryl Acid Succinate; from **Soya**), Anti-Caking Agent Magnesium Salts of Fatty Acids, Alpha Lipoic Acid, L-Tyrosine, Anti-Caking Agent Silica, PhytoZyme® proprietary blend (concentrated powders from Bromelain, Papain, Alfalfa, Parsley, and vegetable and fruit concentrates from Carrots, Broccoli, Pea, Banana, Cantaloupe, Lima Beans, Mango, Pumpkin, Spinach, Tomato, Cauliflower, Orange, Papaya, Sweet Potato, Asparagus, Beet, Green Bean, Snow Pea, Blueberry, Chili Pepper, Cranberry, Cucumber, Guava, Grapefruit, Kale, Lemon, Maitake Mushroom, Peach, Pineapple, Watercress, and Zucchini), Pantothenic Acid (Calcium-D-Pantothenate), Ginkgo Biloba Leaf Extract, Niacin (Nicotinamide), Riboflavin (Vitamin B2), Thiamin Hydrochloride (Vitamin B1), Phospholipid Complex (**Soya**), Ginseng (Siberian) (*Eleutherococcus senticosus* (Rupr. et Maxim.) Maxim.) Root Extract, Lemon Bioflavonoids Whole Fruit Powder, Kelp (*Ascophyllum nodosum* Le Jol.) Whole Plant Powder, Vitamin B6 (Pyridoxal 5'-Phosphate), Huperzia Serrata (*Huperzia serrata* (Thunb. ex Murray) Trevis) Whole Herb Extract, Chromium (III) Picolinate, Calcium L-Methylfolate, Vitamin B12 (Cyanocobalamin), Sodium Selenite, Vitamin K1 (Phytomenadione), Vitamin B12 (5'-Deoxyadenosylcobalamin).

**INTAKE:** Two tablets, two times a day.

**Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle. Do not exceed recommended amount. Store and keep out of reach of young children. As with all supplements, please consult your physician prior to taking if you are pregnant or attempting to become pregnant, breast-feeding, under a doctor's care or taking prescription medication.**

\*Riboflavin contributes to the normal function of the nervous system.

Not tested on animals

**Store in a cool, dry place**

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Amount Per 4 Tablets		% RI
Phosphatidylserines	15 mg	*
Huperzia Serrata ( <i>Huperzia serrata</i> (Thunb. ex Murray) Trevis) Whole Herb Extract	2,4 mg	*
Ginkgo Biloba Leaf Extract	40 mg	*
Gotu Kola Aerial Parts Extract	120 mg	*
Siberian Ginseng ( <i>Eleutherococcus senticosus</i> (Rupr. et Maxim.) Maxim.) Root Extract	20 mg	*
Kelp ( <i>Ascophyllum nodosum</i> Le Jol.) Whole Plant Powder	13 mg	*
Lemon Bioflavonoids Whole Fruit Powder	13 mg	*
Alpha Lipoic Acid	60 mg	*
L-Glutamine	120 mg	*
L-Phenylalanine	133 mg	*
Taurine	200 mg	*
L-Tyrosine	60 mg	*

Suitable for vegetarians  
Gluten Free