

Product 3402 / 60 Softgel Capsules

Amount per capsule		% RI
Vitamin D	20 µg	400%
Vitamin E	3 mg α-TE	25%
Total Omega-3 Fatty Acids	600 mg	*
of which EPA (Eicosapentaenoic Acid)	90 mg	*
of which DHA (Docosahexaenoic Acid)	430 mg	*

RI – Reference Intake * no RI established.

INGREDIENTS: Fish Oil Concentrate, Gelatin (Fish), Glycerin (Vegetable), Oregano Oil, Clary Sage Oil, Thyme Oil, Clove Oil, Cinnamon Oil, Mixed Tocopherols (from Soya; including D-Alpha, D-Beta, D-Gamma, and D-Delta Tocopherols), Vitamin D (Cholecalciferol).

INTAKE: One Softgel Capsule per day with a meal.

Do not exceed recommended daily amount. Food supplements should not be used as a substitute for a varied diet. Store and keep out of reach of children. Omega-3 Fatty Acids may have significant developmental benefits, however supplementation with OmeGold® during pregnancy should not be considered prior to the second trimester. As with all supplements, please consult your physician prior to taking if you are pregnant or attempting to become pregnant, breast-feeding, under a doctor's care or taking prescription medication.

Contains Omega-3 Fish Oil Concentrate providing a rich, high quality source of the Omega-3 polyunsaturates EPA (Eicosapentaenoic Acid) and DHA (Docosahexaenoic Acid). Docosahexaenoic Acid (DHA) maternal intake contributes to the normal brain development of the foetus and breast-fed infants. The beneficial effect is obtained with a daily intake of 200 mg of DHA in addition to the recommended daily intake of omega-3 fatty acids for adults, that is, 250 mg of DHA and EPA.

Contains the following ingredients from animal sources: Fish Oil, Gelatin (Fish).

Not tested on animals.

Store in a cool, dry place.