

Spirit 2019 – Essential information

The countdown is now on to our biggest celebration of the year, The Spirit of Lifeplus and we're delighted to be welcoming you back to Stuttgart on Saturday 8 June 2019.

Each Spirit event is different and this year is no exception. So whilst the venue may be familiar, there'll be lots of new things for you to see and experience.

We guarantee inspiration, motivation and fun. So to make the most of your time at Spirit here's some key information for you and your team to know:

Getting to the events

- Messe Stuttgart, Messeplatz 1, 70629 Stuttgart.
- If travelling by car, please follow the dynamic traffic guidance system with the reference "Lifeplus" to lead you to the Bosch car park.
- For full details on how to get to Messe Stuttgart, please visit www.messe-stuttgart.de.

Event facilities

- Cloakrooms, situated in the Atrium, are found by following the steps directly in front of the entrance turnstiles.
- If you need wheelchair access please speak to our staff at the information desk for directions to the hall. Space for wheelchairs is allocated to the side of each seating block.
- Please remember to bring euros as all transactions can only be made in cash. Cash machines are available within the building but these can be very busy.
- Please note that pets will not be permitted entry into the venue.

During the events

- Where we allocate seats you will be seated near to your upline Diamond (where possible). Table seating plans are on display in the registration area and in Hall 3.
- For all lost property please visit our registration desk outside Hall 3 during evening events and outside Hall 1 during our daytime event.

The Spirit of Lifeplus – Saturday Day Event

- The main event takes place in Hall 1 and finishes at 16:30 CET [approximately].
- Entry is via the Entrance East only.
- **You'll need your purchased day tickets to enter the turnstiles – so please remember to bring them!**



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- Turnstiles for entering the hall open at 08:00 CET, giving you plenty of time to get seated.
- If you leave the building through the turnstiles, and need to return, please remember to ask staff at the information desk for a stamp.
- If you're bringing children who need a seat please note they need to have their own ticket.
- There is only one planned break at lunch time from 12:00 – 14:30 CET.
- Don't miss our exhibition area in Hall C2, during 12:00 – 14:30 CET, where you'll discover lots of interesting and easy ways to improve your overall wellbeing. With so much planned we're sure you'll find something new to try. And so that everyone can experience the exhibition we ask for your generosity in giving others the chance to do so too.
- Our merchandise stand, in Hall C2, opens 12:00 – 14:30 CET and has some exciting new items being launched at the event.
- You can buy food from restaurants at the Messe Stuttgart, in Rothaus Park and from the cafe in the atrium, and various food stations, found near the front entrance area (between Hall 1 and C2).
- Seating is available throughout the building for those of you wishing to bring your own food.
- Please remember to leave your headsets under your chair at the end of the day.
- Please ensure you leave the building by 18:00 CET on Saturday as we need to set up for the evening event.

The Spirit of Lifeplus – Saturday Evening Event

- This event will take place in Hall 3. Please use the main Entrance East and follow the signs.
- **You'll need your purchased evening tickets to enter the turnstiles – so please remember to bring it!**
- If you're attending the event in place of someone else please look for the original ticket holder's name on the seating plan for your place. If you have any issues please visit our enquiries desk in Hall 3 and speak to a member of staff who will be happy to help you.
- Drinks are not included in your ticket price for Saturday evening.
- Drinks can be purchased from various bars during the evening event. You can buy cash vouchers, in exchange for drinks from the help desk outside Hall 1 during the day and from designated areas during the evening. These vouchers help to keep the queues down as people are able to get their drinks quicker from bar staff located around the hall. Unused vouchers can be exchanged back to cash at the end of the evening.
- Guests must be at least 18 years old to attend.
- No-one under the age of 18 will be permitted into the venue (this includes babies & infants).
- If you need wheelchair access, please do email us in advance of the event at marketingevents@lifeplus.com so that we can plan accordingly.

Kind regards
Your team at Lifeplus

